

RESOLUTION NO. 143 -22
OF THE GOVERNING BODY OF THE
YAVAPAI-APACHE NATION

A Resolution Approving the Application Update and Budget for FY2023 under the Memorandum of Agreement between the Yavapai-Apache Nation and the Inter Tribal Council of Arizona under the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) for the Period October 1, 2020 through September 30, 2025

WHEREAS: The Yavapai-Apache Tribal Council (“Council”) is authorized to represent the Yavapai-Apache Nation (“Nation”) and act on all matters that concern the health and welfare of the Nation, and to make decisions not inconsistent with or contrary to the Constitution of the Yavapai-Apache Nation (“Constitution”) as provided by Article V (a) of the Constitution; and

WHEREAS: The Council, as the legislative body of the Nation, is authorized to enact laws, ordinances, and resolutions incidental to the exercise of its legislative powers as provided by Article V(v) of the Constitution; and

WHEREAS: The Nation administers services under the Special Supplemental Nutrition Program for Women, Infants, and Children (“WIC”) under a Memorandum of Agreement (“MOA”) with the Inter Tribal Council of Arizona (“ITCA”); and

WHEREAS: The Nation’s MOA with ITCA was approved by the Council on July 23, 2020 under Council Resolution No. 125-20, effective for the period October 1, 2020 through September 30, 2025; and

WHEREAS: The ITCA has requested that the Nation submit an Application Update and Budget for services to be provided under the MOA for FY2023

WHEREAS: The Council finds it in the best interest of the Nation to approve the attached Application Update and Budget for services to be provided under the Nation’s WIC Program for FY2023.

NOW THEREFORE BE IT RESOLVED that the Yavapai-Apache Nation Tribal Council, in Council assembled, at which a quorum is present, hereby approves the attached Application Update and Budget for the Services to be provided under the Nation’s WIC Program for FY2023, a copy of which is attached hereto as **Exhibit A** and incorporated herein by reference.

BE IT FINALLY RESOLVED that the Chairman, and Vice-Chairwoman, or either of them, are hereby authorized to take such further action as deemed necessary to carry out the intent and purposes of this Resolution.

CERTIFICATION

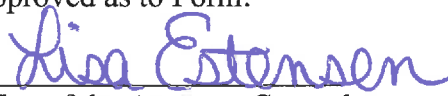
I hereby certify that the foregoing resolution was adopted by an affirmative vote of the Tribal Council, with a quorum in attendance, presented for approval on August 10 2022, by a vote of 9 9 in favor, 0 opposed and 0 abstaining, pursuant to the authority contained under the Constitution of the Yavapai-Apache Nation as cited above.



Jon Huey, Chairman

ATTEST:

Karla Reimer
Karla Reimer, Council Secretary

Approved as to Form:


Office of the Attorney General

EXHIBIT A

YAVAPAI-APACHE NATION
ITCA WIC MOA

Application Update and Budget
FY2023

August 10, 2022



May 17, 2022

Jon Huey, Chairman
Yavapai Apache Nation
2400 W. Datsi Street
Camp Verde, AZ 86322

Dear Chairman Huey:

The FY 2023 application update and budget for services under the Memorandum of Agreement (MOA) with the Inter Tribal Council of Arizona, Inc. (ITCA) for the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) are due on August 12, 2022. The required application documents were sent via email to the WIC contact for your program. The following items are to be submitted in the format specified:

1. FY 2023 Application Update: The FY 2022 Approved Application must be used to make any updates for FY 2023 using track changes (Word).
2. FY 2023 Application Update Cover Sheet (pdf)
3. FY 2023 WIC Funding Formula and Budget (Excel)
4. FY 2023 Nutrition and Breastfeeding Services Plan (Word)

The application documents and budget must be submitted electronically to Mindy Jossefides, ITCA WIC Director, at mindy.jossefides@itcaonline.com for review and approval. If you have any questions, please contact me or Ms. Mindy Jossefides, WIC Director at (602) 258-4822. ITCA looks forward to working with you on this important project in the coming year. Thank you for your attention to this matter.

Sincerely,

Maria Dadgar, MBA
Inter Tribal Council of Arizona, Inc.
Executive Director

cc: Tanya Lewis, Tribal Vice Chairwoman
Lavina Sanchez, WIC/CHR Manager

Ak-Chin Indian Community
Cocopah Indian Tribe
Colorado River Indian Tribes
Fort McDowell Yavapai Nation
Fort Mojave Indian Tribe
Gila River Indian Community
Havasupai Tribe
Hopi Tribe
Hualapai Tribe
Kaibab Band of Paiute Indians
Pascua Yaqui Tribe
Pueblo of Zuni
Quechan Tribe
Salt River Pima-Maricopa Indian Community
San Carlos Apache Tribe
San Juan Southern Paiute Tribe
Tohono O'odham Nation
Tomto Apache Tribe
White Mountain Apache Tribe
Yavapai-Apache Nation
Yavapai-Prescott Indian Tribe

WIC Local Agency Re-Application Cover Sheet FY 2023

Please submit all documents electronically to the ITCA WIC Director at mindy.jossefides@itcaonline.com by August 12, 2022.


Required: All documents marked with an asterisk must be submitted in Word or Excel formats.

Conditional: Items marked as conditional must be submitted if applicable to the Tribe/agency in pdf.

Place a check in the "Yes" column if the document is being submitted with your application. If the document does not pertain to your agency, place a check in the "N/A" column.

Checklist			
	Document	Yes	N/A
Required	Signed Cover Sheet	<input type="checkbox"/>	
Required	<p>Updated WIC Application * Submit in Word with Track Changes marking changes from 2022 approved application for the following sections: Sections I-III and V-VI are submitted only if there are changes from the 2022 approved application.</p> <p>The following sections <u>must be updated and submitted</u>; track changes is not required: Section IV. Outreach Section VII. In-services (see attached suggestions) Section VIII. Funding and Budget (may be labeled as Section VII.)</p>	<input type="checkbox"/>	
Required	<p>Nutrition and Breastfeeding Plan * Submit in Word</p>	<input type="checkbox"/>	
Required	<p>WIC Funding Formula & Budget * Submit in Excel</p>	<input type="checkbox"/>	
Conditional	<p>Indirect Cost Agreement (required if charging indirect costs)</p>	<input type="checkbox"/>	<input type="checkbox"/>
Conditional	<p>Certification Regarding Lobbying (required for non-Tribal entities)</p>	<input type="checkbox"/>	<input type="checkbox"/>

I hereby affirm that the statements contained in the funding application and all supporting documents are true and complete, to the best of my knowledge. I further affirm that the WIC Local Agency will comply with applicable ITCA and federal requirements, policies, standards, instructions, and regulations; and I certify that I have the authority to apply for WIC funds for this organization.

Signature 

Date 8/10/22

Click here to enter text.
Printed Name

Click here to enter a date.

Section II: WIC Staffing Plan

Part 1: Complete the table below Note: If staff will be performing the duties of a Competent Professional Authority* (CPA), including, but not limited to nutrition assessment, risk assignment and nutrition education, the staff person must have completed the required ITCA training and must have been deemed competent using the Competency Tool for tasks they are performing.

Staff Name and Title	Languages Spoken	% WIC Time	If staff is CPA*, date determined competent.
Trudy Clark, YAN Health Clinic Manager	English		N/A
Lavina Sanchez, WIC/CHR Supervisor	English/Spanish	25%	2021-2022
Santee Spurgeon, WIC Coordinator	English	50%	2021-2022
Vacant, CNW III/BF Lead	English/Spanish		undetermined

Part 2: Attach an organizational chart for WIC including how WIC fits in with the overall organization of the Tribe/Agency.

Part 3: Select one of the following options to specify how nutrition services oversight and high risk counseling will be provided.

The local agency will utilize an ITCA designated Registered Dietitian (RD) to oversee nutrition services and provide high-risk counseling. The agency understands that if it serves more than 250 clients, an adjustment in funding will be made to support the cost of providing these services (see funding formula). While ITCA will provide on-site services, the agency will have Skype available to facilitate high risk counseling services that meet the needs of clients.

OR

The local agency will utilize the following RD to oversee nutrition services and provide high-risk counseling:

Identify which of the following the RD will be responsible for. For those not checked, describe who will be responsible and the person’s qualifications.

- | | |
|--|---|
| <input checked="" type="checkbox"/> Provides high-risk counseling
<input checked="" type="checkbox"/> Provides staff in-services and education
<input checked="" type="checkbox"/> Evaluates staff and provides coaching and mentoring | <input checked="" type="checkbox"/> Approves special formulas and coordinates care with medical providers
<input checked="" type="checkbox"/> Participates in the development and implementation of goals and objectives |
|--|---|

Section II: WIC Staffing Plan (Continued)

Part 3: Complete parts 3a-3g below if your agency has a single WIC staff person or mark the box below.

The agency has more than one WIC staff person so this section is not applicable.

Part 3a: Describe how oversight of the Program will be provided to ensure that ITCA policies and procedures will be followed and that staff is deemed competent to provide services as a Competent Professional Authority.

Click here to enter text.

Part 3b: Agencies with only one staff person must provide a back-up plan in the event that the primary staff person is unable to provide services or has a conflict of interest in serving a relative or friend. Complete the table below to describe the back-up person for the WIC Program. Note that ITCA cannot serve as back-up.

Name of Back-up Staff Person	Title of Back-up Staff Person	Staff Person Contact Information
Lavina Sanchez	WIC/CHR Supervisor	2400 W. Datsi Street

Part 3c: Describe how the back-up staff person will be trained to provide WIC services and how competency will be ensured.

The WIC Supervisor will eventually be the backup once all trainings and certifications have been completed.

Part 3d: Describe how the person will access needed equipment and materials for providing WIC services. For example, describe how the staff person will gain access to the WIC office, computer, and other equipment.

The WIC Coordinator is currently providing remote WIC services for certifications and recertification's and is available to provide equipment and materials to current WIC clientele.

Part 3e: Describe how clients will be notified of any changes to the clinic schedule that may be made due to the staffing change.

During Covid and staff changes WIC clients were directed to ITCA Staff.

Part 3f: Describe how ITCA will be notified of staffing or clinic schedule changes.

The ITCA WIC Program will be notify via email or monthly WIC Zoom meetings of any changes to schedules or services.

Part 3g: Describe how the agency will ensure program integrity and separation of duties with the single staff person.

The YAN WIC Program currently had 2 staff and the WIC Supervisor provides the Separation of Duties for the WIC Coordinator.

Section IV: Outreach and Coordination of Services

Part 1: Describe how the agency will notify the public of the WIC services provided at least one time per year. This is usually achieved through radio, television or newspaper advertisements.

Handouts, flyers, mailing postcards, coordinating efforts with other programs such as Head Start, and participating in health fairs and other community events.

Part 2: Describe how you will target benefits to pregnant women, migrants, homeless persons and persons residing in group homes or other institutions in your area.

Population	Description of how services will be targeted
Pregnant Women	Visit all agencies of Federal and State agency such as Department of Economic Security Family Assistance leaving our WIC information, our local House of Ruth pregnancy center and Head Start programs that service low income families.
Migrants	No migrants at this time
Homeless Persons	No homeless persons at this time
Persons residing in group homes or institutions	Pamphlets and information provided to the court system, social services and the homes themselves.

Part 3: Complete the Outreach Plan below for the coming year describing how your agency will outreach to clients and coordinate with referral agencies and grassroots organizations. The minimum agencies are included below. Additional entities may be included. All outreach completed must be documented in the Outreach Log.

Name of Entity/Program/Event	Frequency/Timeframe for Outreach	Description/Goal of Outreach
<i>Example: Indian Health Service Health Care Providers</i>	<i>2x/year</i>	<i>Presentation on WIC services available and coordination on referrals to WIC especially for pregnant women.</i>
Head Start	4xyear	WIC will participate in the health screenings held four times a year. WIC will use the collaboration as an outreach event to increase WIC participation.
Indian Health Service or Tribal Health Care	1xyear	The coordination of referrals for prenatal women will be done through a WIC presentation The presentation will be done through the annual I.H.S. Expo.
Social Services	Annually	WIC will collaborate with the office of Social Services to ensure that all age eligible children placed in foster care are receiving WIC Services.

Day Care Centers	Annually	WIC will place program information at local daycare centers for referrals of age eligible children to WIC.

Section V: Fit WIC Classes

Part 1: Describe the Fit WIC classes to be provided by the local agency using the table below.

Not Applicable. The local agency does not choose to provide Fit WIC Classes.

When are classes provided? (i.e. every Thursday AM)	YAN Fit WIC Program will the Fit WIC Families, activities for Learning about Nutrition & Physical activities curriculum provided by ICA WIC Program. Classes will be every other month with 2 classes given in the morning and on in the afternoon to help family schedules.		
Number of classes to be offered per month	2 every other month	Estimated number of clients per class	8 clients attending per class
Which classes will be provided? Specify the names of the Fit WIC classes that will be provided during the first fiscal year.	Class#1- Activity #1 I'm hungry as a bear Class#2 – Activity #4 I'm a Fit WIC Kid Class#3- Activity #9 Move to low Class #4- How much is enough Class #5- Activity #10 What's your Vegetable Class #6- Activity #5 Cook, cool water		
Who will facilitate the classes?	Santee Spurgeon, WIC Coordinator or Lavina Sanchez, WIC Manager		
Where are classes held?	WIC Office @ 3364 Hamaley St. Camp Verde AZ 86322		

Part 2: Select one of the following options if the agency is offering Fit WIC classes.

The local agency confirms that it will follow the guidelines for the Fit WIC classes as outlined in the Fit WIC Manual.

OR

The local agency will follow the guidelines for the Fit WIC classes as outlined in the Fit WIC Manual or the RD will create classes following the general structure of the Fit WIC classes on topics relevant to the population.

Note: Course outlines must be available for review during monitoring visits.

Section VI: WIC Nutrition and Breastfeeding Services

Part 1: Describe the breastfeeding resources available in the community. Handouts, flyers, mail postcards and posters at locations services WIC Clients with the service areas. Coordinate efforts with off reservation such as Head Start Programs. Participating in health fair, health screening and community events.

The YAN currently does not have breastfeeding resources in the community, so we will refer clients to outside agencies.

Part 2: Identify the breastfeeding lead and describe his/her qualifications.

Claresa Bedonie, WIC Breastfeeding Coordinator

Part 3: Complete the table below to describe the IBCLC(s) that the local agency refers clients to that have problems that are outside the scope of the WIC staff.

Program/Agency	Name of Staff Person	Staff Credentials	Phone Number
Inter-Tribal Council of AZ	Claresa Bedonie	Breastfeeding Coordinator, IBCLC	602 307-1513
Phoenix Indian Medical Center	Breastfeeding Hotline		877 868-9473

Part 4: Describe the process for making the referrals as outlined above.

If the WIC Coordinator is unable to provide the client with sufficient breastfeeding support or the client's concerns out of scope, clients will be provided ITCA's Breastfeeding Coordinator's contact information. They will also be provided AZDH's Breastfeeding Hotline.

Part 5: Complete the attached Nutrition and Breastfeeding Plan for your agency. See attached

Section VII: WIC Staff Training and In-Services

List the in-services that the agency plans to provide to staff this year. We understand that there may be changes to the proposed list based on need identified during the year. A minimum of six are required. Add additional rows as needed.

Proposed Month	Topic	Brief description
December 2022	Growth Grids	Staff will learn appropriate growth grids and how to explain them to clients
January 2023	Hemoglobin & Anthropometric	Staff will have hands on learning of completing hemoglobin and anthropometric measurements.
March 2023	Breast Pump Scenarios	Staff will learn how to use, determine types and issue Breast Pumps.

May 2023	WIC Eligibility – Documentation of Proofs	Staff will learn how to properly access and document WIC eligibility.
June 2023	Outreach	Staff will learn methods for conducting outreach.
August 2023	Nutrition Assessment & Risk Assignment	Staff will learn how to properly conduct and document nutrition assessments and risk assignment.
September 2023	Foster Children	Staff will learn how to document WIC eligibility for foster children, how to switch groups and learn about food packages.

Section VII: WIC Funding Level and Budget

Part 1: Use the enclosed spreadsheet to calculate the funding level for the program.

Part 2: Used the enclosed spreadsheet to complete the budget.

Part 3: Describe and justify the expenses requested in your budget. Be as specific as possible. Describe the WIC funded costs as well as any in-kind costs to fully describe the budget that will fund the program.

Personnel: 29,120.00

Lavina Sanchez, WIC Supervisor, Salary is \$11, 440.00 which is 25% of my Salary for WIC Administrative Tasks.

Santee Spurgeon, WIC Coordinator, Salary is \$17,680.00 which is 50% of her Salary for WIC Services for the YAN and surrounding Cities.

ERE: Fringe Benefits for the (2) WIC Employee in the amount 4,000.00 for Insurance, Workman's Comp and Medicare etc.

Supplies: 5,880.00 for example: scale liners, cleaning products, Hemocue related supplies (lancets, gloves, cuvettes, band-aids), office supplies: copy paper, pens, paper clips, file folders, scissors, calendar, printer ink

Travel: 3,500.00

(This line item includes travel to conferences. Conference registration fees should be included under training)

Travel Cost for WIC Supervisor and WIC Coordinator to attend ITCA quarterly meetings, trainings, conferences pertaining to WIC Program Services.

Postage: 500.00 to mail out WIC Cards and Education Tools to WIC Clients.

Communications:

Utilities:

Contractual: \$2500.00 for WIC Clients service not in the scope of YAN WIC Staff.

Occupancy:

Training: 3,500.00

(This line item is for registration fees. Travel to training should be included in the travel line item) This line item is for registration fees to attend annual, quarterly and required Conferences, Meetings and Trainings related to the WIC Services Program.

Fuel/Vehicle Maintenance:

Insurance:

Other: 3,500 will used for a Radio Ad for the YAN WIC Program and other expenses such as building Repair/Maintenance or other incidentals for travel.

WIC Budget for FY 2023			
Local Agency:			
Prepared by:		Date:	
LINE ITEM	ITCA SHARE	IN-KIND	TOTAL COST
Personnel/Position Titles			
Lavina Sanchez, WIC Supervisor	\$ 11,440.00		\$11,440.00
SanteeSpurgeonWIC/Coordinator	\$ 17,680.00		\$17,680.00
			\$0.00
			\$0.00
			\$0.00
			\$0.00
			\$0.00
			\$0.00
Total Personnel Costs	\$29,120.00	\$0.00	\$29,120.00
Employee Related Expenses	\$ 4,000.00		\$4,000.00
Supplies	\$ 5,880.00		\$5,880.00
Travel	\$ 3,500.00		\$3,500.00
Postage			\$0.00
Communications	\$ 2,500.00		\$2,500.00
Utilities			\$0.00
Contractual	\$ 2,500.00		\$2,500.00
Occupancy			\$0.00
Training	\$ 2,500.00		\$2,500.00
Fuel/Vehicle Maintenance			\$0.00
Insurance			\$0.00
Other			\$0.00
Total Direct	\$50,000.00	\$0.00	\$50,000.00
Indirect (specify rate here)			\$0.00
Total Costs	\$50,000.00	\$0.00	\$50,000.00

If claiming indirect costs, attach the most recent Indirect Cost Rate Agreement.
The budget narrative in the application must be completed to support the proposed expenditures.

FY 2023 Nutrition and Breastfeeding Goal and Objectives

Objectives	Method/Strategies	Evaluation	Quarterly Progress
<p>Goal: Increase the staff accuracy in completing nutrition assessments.</p> <p>Assessment: As identified in the Value Enhanced Nutrition Assessment (VENA) Guidance, the nutrition assessment is a required and essential part of the WIC program. The WIC nutrition assessment is used to determine eligibility, through the identification of nutrition risks, and to personalize WIC nutrition services. A WIC nutrition assessment uses the VENA approach, which is client centered and health outcome based. In monitoring reviews in fiscal years 2020 and 2021, 83% of agencies had a finding related to nutrition assessment. Revised Value Enhanced Nutrition Assessment guidance was released in fiscal year 2020.</p>	<p>1. a. 100% of staff will attend or watch the recording of two nutrition assessment webinars.</p> <p>b. 100% of staff will participate in nutrition assessment activities.</p> <p>c. 100% of staff will participate in a nutrition assessment in-service.</p> <p>d. 100% of staff will attend a session on nutrition assessment at the all staff training.</p>	<p>a. Staff will participate in two nutrition assessment webinars provided by ITCA.</p> <p>b. Staff will participate in two nutrition assessment activities.</p> <p>c. The ITCA RD will provide the ITCA created nutrition assessment in-service.</p> <p>d. Staff will attend a session on nutrition assessment at the ITCA all staff training.</p>	<p>a. Track the completion of the attendance at the webinars, all staff meeting and in-service.</p> <p>1st Quarter Progress: <input type="checkbox"/> staff attended webinar or watched recording of webinar on nutrition assessment. <input checked="" type="checkbox"/> staff participated in the nutrition assessment activity.</p> <p>2nd Quarter Progress: <input type="checkbox"/> staff attended webinar or watched recording of webinar on nutrition assessment. <input checked="" type="checkbox"/> staff participated in the nutrition assessment activity.</p> <p>3rd Quarter Progress: <input checked="" type="checkbox"/> staff attended the ITCA all staff training.</p> <p>4th Quarter Progress: <input type="checkbox"/> staff participated in the nutrition assessment in-service.</p> <p>Evaluation: Percentage of staff who attended or watched quarter 1 nutrition assessment webinar: <u>50%</u>. Percentage of staff who attended or watched quarter 2 nutrition assessment webinar: <u>56%</u>. Percentage of staff who attended the nutrition assessment session at the ITCA all staff training: <u>56%</u>.</p>
			<p>Percentage of staff who participated in the nutrition</p>

Objectives	Method/Strategies	Evaluation	Quarterly Progress
			<p>assessment in-service: <u>50%</u>.</p> <p>Percentage of staff who participated in the nutrition assessment quarter 1 activity: <u>50%</u>.</p> <p>Percentage of staff who participated in the nutrition assessment quarter 2 activity: <u>50%</u>.</p>

Goal: To increase breastfeeding education, promotion and support services.

Assessment: Breastfeeding initiation rates for the Yavapai Apache Nation WIC Program were 93.3% in FY 2021 and for FY 2022 to-date the initiation rates were 54.5%. Breastfeeding 6-month and 12-month duration rates for the Yavapai Apache Nation WIC Program were 53.3% and 14.3% respectively in FY 2021 and for FY 2022 to-date the duration rates for 6 months and 12 months is 18.2% and 16.7% respectively.

Objectives	Methods/Strategies	Evaluation	Quarterly Progress
<p>1. Breastfeeding initiation rates will increase by <u>3%</u>.</p> <p>2. Breastfeeding 6-month and 12-month duration rates will increase by <u>2%</u>.</p> <p>3. 100% of staff will attend the USDA WIC Breastfeeding Curriculum training.</p>	<p>a. All local agency staff will attend the USDA WIC Breastfeeding Curriculum training provided by ITCA.</p> <p>b. Local agencies will engage in breastfeeding collaboration activities to promote WIC breastfeeding services utilizing the breastfeeding outreach toolkit.</p> <p>c. Local agency staff will promote the Pacify App to all pregnant and breastfeeding clients.</p>	<p>a. Compare the breastfeeding initiation, 6-month and 12-month duration rates from FY 2022 to FY 2023 using the Breastfeeding Ad Hoc Report in STARS.</p> <p>b. Track the completion of the attendance at the USDA WIC Breastfeeding Curriculum.</p> <p>c. Track the number of breastfeeding collaboration activities.</p> <p>d. Track the number of clients enrolled in the Pacify App.</p>	<p>1st Quarter Progress:</p> <ul style="list-style-type: none"> <input type="checkbox"/> All staff attended the appropriate level WIC Breastfeeding Curriculum training. <input type="checkbox"/> Breastfeeding Lead and WIC Manager attended or watched the recording of the breastfeeding outreach toolkit webinar. <input type="checkbox"/> Number of clients enrolled in the Pacify App: <u>0</u> <p>2nd Quarter Progress:</p> <ul style="list-style-type: none"> <input type="checkbox"/> WIC staff attended the appropriate level WIC Breastfeeding Curriculum training. <input type="checkbox"/> Number of clients enrolled in the Pacify App: <u>0</u> <input type="checkbox"/> Breastfeeding collaboration update (List the name of the healthcare facility and/or community programs that you visited): <p>3rd Quarter Progress:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Number of clients enrolled in the Pacify App: <u>0</u> <input type="checkbox"/> Breastfeeding collaboration update: <p>4th Quarter Progress:</p> <ul style="list-style-type: none"> <input type="checkbox"/> All staff attended or watched a recording of the breastfeeding webinar in August. <input type="checkbox"/> Number of clients enrolled in the Pacify App: <u>0</u> <input type="checkbox"/> Breastfeeding collaboration update: <p>Evaluation:</p> <p>FY 2022 breastfeeding initiation rates <u> </u>, 6-month duration rates <u>67%</u> and 12-month duration rates <u>66%</u></p> <p>FY 2023 breastfeeding initiation rates <u> </u>, 6-month duration rates <u>67%</u> and 12-month duration rates <u>66%</u>.</p> <p>Percentage of staff who attended the WIC Breastfeeding Curriculum training: <u>2</u>.</p> <p>Number of clients enrolled in the Pacify App: <u> </u></p>

Goal: Increase available information regarding food sovereignty and traditional foods in WIC clinics.

Assessment: Overall, the average consumption of traditional and ethnic plant-based foods by Native American communities is <10%. Loss of plant-based food diversity and subsequent changes in traditional dietary patterns that were low-fat, high-protein, complex carbohydrate-based, whole foods rich in fiber, closely associated with higher daily intake of more hyperprocessed and calorie-dense foods, have partly contributed to the rapid rise of diet- and lifestyle-linked diseases such as diabetes and heart disease in indigenous communities. There is an urgent need to improve access to traditional foods, revive traditional knowledge of food processing, preparation and preservation, incorporate traditional foods in contemporary diets and to educate American Indians about the history and human health benefits of these traditional foods.

Objectives	Method/Strategies	Evaluation	Quarterly Progress
<p>1. a. At least one program will be contacted for possible collaboration with traditional food efforts.</p> <p>b. Recipes utilizing traditional and WIC foods will be demonstrated in the clinic.</p> <p>c. One ITCA social media post on traditional foods will be shared per month.</p>	<p>a. The WIC Manager or other designated staff member will collaborate with a program within their community currently working on traditional food efforts.</p> <p>b. The WIC Manager or other designated staff member will share ITCA social media posts on traditional foods.</p> <p>c. The WIC Manager or RD will hold food demonstrations utilizing recipes incorporating WIC and traditional foods.</p> <p>d. Optional: CPA staff representatives will attend the Annual Conference on Native American Nutrition.</p>	<p>a. Tally the number of social media posts shared.</p> <p>b. Track the number of food demonstrations.</p>	<p>1st Quarter Progress: <input type="checkbox"/> Shared <u>0</u> ITCA posts on traditional foods. <input type="checkbox"/> Number of food demonstrations: <u>0</u> <input type="checkbox"/> Collaboration update (list programs contacted and current collaborations):</p> <p>2nd Quarter Progress: <input type="checkbox"/> Shared <u>0</u> ITCA posts on traditional foods. <input type="checkbox"/> Number of food demonstrations: <u>0</u> <input type="checkbox"/> Collaboration update:</p> <p>3rd Quarter Progress: <input type="checkbox"/> Shared <u>0</u> ITCA posts on traditional foods. <input type="checkbox"/> Number of food demonstrations: <u>0</u> <input type="checkbox"/> Number of staff who attended Annual Conference on Native American Nutrition: <u>1</u> <input type="checkbox"/> Collaboration update:</p> <p>4th Quarter Progress: <input type="checkbox"/> Shared <u>0</u> ITCA posts on traditional foods. <input type="checkbox"/> Number of food demonstrations: <u>0</u> <input type="checkbox"/> Collaboration update:</p> <p>Evaluation: Number of social media posts shared <u>0</u>. Number of food demonstrations provided <u>0</u>. Programs collaborated with: Collaboration results:</p>