

RESOLUTION NO. 101 - 2022
OF THE GOVERNING BODY OF THE
YAVAPAI-APACHE NATION

A Resolution Authorizing the Nation to Submit a Grant Application to the United States Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Tribal Opioid Response Grant, for Continuation and Enhancement of the Nation's Current Opioid Prevention and Treatment Program

WHEREAS: The Yavapai-Apache Tribal Council (“Council”) is authorized to represent the Yavapai-Apache Nation (“Nation”) and act on all matters that concern the health and welfare of the Nation, and to make decisions not inconsistent with or contrary to the Constitution of the Yavapai-Apache Nation (“Constitution”) as provided under Article V(a) of the Constitution; and

WHEREAS: The Council is authorized to negotiate and enter into agreements with federal, state, and local governments and to accept grant funds as provided under Article V (b) and (s), respectively, of the Constitution; and

WHEREAS: The Council is authorized to manage all tribal economic affairs and to appropriate and regulate the use of the Nation’s funds as provided under Article V (i) and (k), respectively, of the Constitution; and

WHEREAS: The Nation’s Contracts and Grants Manager recommends that the Nation apply for grant funding as follows:

- (1) Funding Agency: U.S. HHS Substance Abuse and Mental Health Services Administration (“SAMHSA”)
- (2) Amount of funding application: \$250,000 (\$125,000 per year)
- (3) Term of grant: 2 years
- (4) Matching funds and source: None
- (5) Nation’s Department or Program administering the grant: Alcohol and Substance Abuse and Social Services
- (6) Purpose and use of grant funds: Funds will allow for continuation of the Nation’s current opioid prevention and treatment program (Annual Continuation Grant)
- (7) Budget attached or not required: Narrative and Budget attached

WHEREAS: The Tribal Council finds it in the Nation’s best interest to authorize the above-described grant application.

NOW THEREFORE BE IT RESOLVED that the Yavapai-Apache Tribal Council, in Council assembled, at which a quorum is present, hereby authorizes the Nation to apply for grant funding to the above-named funding agency in the amount and for the term described above.

BE IT FURTHER RESOLVED that the Nation agrees that it will comply with all program guidelines and regulations applicable to the above-referenced grant program and the certifications required in the grant application; and

BE IT FURTHER RESOLVED that the Council authorizes the Nation's Contracts and Grants Manager to take all actions necessary to complete the grant application and to submit all necessary information to the funding agency in furtherance of the authorized grant application and authorizes the Nation to receive and expend the grant funds in accordance with the grant requirements and the Nation's Budget Code and Financial Policies.

BE IT FINALLY RESOLVED that the Chairman and Vice-Chairwoman, or either of them, are hereby authorized to take such further action as deemed necessary to carry out the intent and purposes of this Resolution.

CERTIFICATION

I hereby certify that the foregoing resolution was adopted by an affirmative vote of the Tribal Council, with a quorum in attendance, presented for approval on June 15 2022, by a vote of 8 in favor, 0 opposed and 0 abstaining, pursuant to the authority contained under the Constitution of the Yavapai-Apache Nation as cited above.



Jon Huey, Chairman

ATTEST:

Karla Reimer
Karla Reimer, Council Secretary

Approved as to form:



Office of the Attorney General

EXHIBIT A

Yavapai-Apache Nation Grant Application

**United States Department of Health and Human Services
SAMHSA**

Annual Continuation Grant

**Narrative and Budget
FY2022-23**

June 15, 2022

Substance and Mental Health Services Administration

Center for Substance Abuse Treatment

Yavapai-Apache Nation

Tribal Opioid Response Grants 2022 Application

Program Narrative

WELLBRIETY MOVEMENT

Non-Native recovery approaches often look at addiction as an individual disease, ignoring the social, political, or economic roots of addiction. The indigenous experience adds a dimension of acknowledging sociopolitical causes without removing an individual's need to do the hard work it takes to heal. This is new, culturally specific thinking that can also add to the field of mainstream recovery knowledge." Don Coyhis and Richard Simone

The Four Laws of Change

We received The Four Laws of Change from an Elder in New Mexico in the mid-1980s. They are some of the deepest roots of the Wellbriety Movement. The Four Laws of Change state:

1. Change is from within.
2. In order for development to occur it must be preceded by a vision.
3. A great learning must take place.
4. You must create a Healing Forest

Narrative:

Funds will be used to continue further support and build on the Wellbriety Program for the Yavapai-Apache Nation by adding a youth component. This program will support and aid the medical prevention and treatment of Substance Abuse and Addiction within the Yavapai-Apache Nation Tribal Communities. The Yavapai-Apache Nation received its first funding from the Tribal Opioid Response Program 1918. Those funds were used to determine the extent of opioid abuse within the Yavapai-Apache Nation and to develop a plan to address the issue and implementation of the plan by the end of the 2nd year.

Steps needed:

1. Planning

Planning and implementation team was formed through Yavapai-Apache Nation Social Services Department. Team consists of Social Services, Prosecutor, Probation, Alcohol and Substance Abuse, Medical Services, APS, CPS, Probation (tribal, State, and Federal) and Law Enforcement Agencies.

Committee will have the responsibility to create a plan to incorporate the Big Bear Youth Program into the overall Opioid Program for prevention, education, and implementing the youth Wellbriety 12-step curriculum and the EQUIP model.

2. Implementation

Once planning was completed and approved committee will become responsible for implementation of the Big Bear Program.

Steps to implementation will include, but not limited to:

- Staff assignments for overseeing the program
- Selection of professional consultants
- Educating community members/staff
- Selection policies & procedures
- Site selection for sweat lodge
- Inter-department coordination

3. Continuation

Once program is implemented, staff, department, and community support will be needed to continue following the use of grant funds. Committee and departments will coordinate budget and personnel involved with The Big Bear Youth Program, so program will become an approved and consistent part of the treatment, prevention, and education of the opioid program.

As the treatment will be provided in a Native American Setting through use of a sweat lodge, supplies will be needed to implement.

Sweat Lodges will play a major role in treatment and prevention of Opioid abuse and recognized by the members of the Yavapai-Apache Nation as a culture resource in the healing process.

Population of focus and statement of need:

Focus Population will continue to be the residents of the Yavapai-Apache Nation (YAN/Nation).

The Yavapai-Apache Nation (Nation/YAN) with an enrollment of around 2,500 (around 1,500 living within or near the boundaries) is a Federally Recognized Native American Nation located on 5 separate parcels of land in rural central Arizona. With 50 mile distance between the farthest parcels travel and

communication, transportation, and lack of resources are a constant issue. The Nation is composed of two separate and distinct tribes, the Yavapai and

Tonto Apache. Distribution of goods and services is the responsibility of the Nation's government which consists of a Chairman, Vice Chairman, and 7 additional Council Members.

The initial analysis found well over 150 cases of opioid abuse with members of the Yavapai-Apache Nation. The Wellbriety Program has been the focus of the reaching those in need and since its implementation in early 2020 32 individuals have participated in the program.

Using Wellbriety as its base the Nation's opioids response will continue to focus on the members of the Yavapai-Apache Nation both youth and adult and from a

Community education, outpatient treatment, medical assisted treatment and other resources will continue to be provided to the members of the Nation. Prevention for those who have not become addicted and treatment at the appropriate level for those addicted.

Proposed implementation approach:

For treatment using Wellbriety and sweat lodges as the base approach and other treatment practices will be introduced. These will include:

Implementation of the Big Bear Youth Program to assist with address at risk youth within the YAN Tribal communities by way of the Wellbriety Youth 12-step Medicine wheel curriculum and the EQUIP model. Equip is a comprised of 2 programs with elements from positive peer culture and aggression replacement training. This program helps with cultivating an environment to change antisocial behavior into positive behavior. This program also teaches critical thinking skills, identifying thinking errors, anger management training, social skills training and moral education.

Maintain and enhance the IOP (intensive outpatient program) program with Implementation telemed access in 3 different locations, Middle Verde, Tunlii and Clarkdale. This would allow for clients to have local access to attend the IOP program.

Various holistic approaches to stress reduction and recovery support (Reiki, yoga, sound healing, and aromatherapy) will be used and implemented through our department by an in-house certified employee.

Implement sober living for adults and youth. Provide a safe sober environment for individuals returning from inpatient treatment while they participate in the IOP.

- Rental cost. –
- Staff wages –
- Utilities –
- Supplies cost –
- Projected participation for the program is 50 to 80 non duplicated each year

Community Educational and Prevention Programs will continue. These will focus on awareness, identification, reporting and prevention tools and activities. Program will present tolls for identification of opioids abuse including legally prescribed prescription drugs.

Goals & Objectives:

Goal #1

Continue to monitor the impact of opioids on the Yavapai-Apache Nation

Objective # 1

Continuous assessment, analysis and reporting on the use and abuse of opioids in the Nation

Action Step: Ensure all assessment and analysis materials are available and being used

Action Step: Data is timely reported and analyzed

Objective #2

Modify programs as needed based on assessments & analysis

Action Step: Review of data to determine programs strengths & areas needing improvement

Action Step: Modify program to address areas of weakness

Action Step: Add new items to program as needed to keep current with needs of the Nation

Goal #2

Out Patient Program continues to meet needs of the Nation

Objective #1

Wellbriety used as base treatment model for program

Action Step: Staff & consultants are trained and up to date on latest version and models

Action Step: Use of Wellbriety and The Big Bear Program is monitored and evaluated to make sure program is applied properly to participants

Action Step: Wellbriety is presented to both adults & youth Medicine Wheel 12-step and EQUIP model

Objective #2 Intensive Outpatient Program Continues

Action Step: Intensive outpatient program is evaluated

Action Step: Program modified and enhanced to better meet the need of those needing more intensive treatment

Action Step: Continue Planning and implementation of expansion to the neighboring YAN Tribal communities

Goal #3

Continue Community wide educational program for identification & prevention for both adults and youth

Objective #1

Develop education programs that help in prevention of opioid abuse

Action Step: Use latest data, National data and materials to prepare community, group, family and individual presentations

Action Step: Use presentations and reading materials to stress the need for prevention

Action Step: Present specific methods that can make prevention achievable

Objective #2

Develop program to help members of the Nation be able to identify opioid abuse

Action Step: Use case studies to present the dangers of opioid abuse and what the abuse can do to individuals and families

Action Step: Print materials, electronic materials and oral presentation materials are prepared for presentation to the Nation

Action Step: Yavapai-Apache Nation leadership is provided updates the status of opioid abuse in the Nation and how this program is addressing the matter

Proposed Evidence- Based Service/Practice

Evidence-Based Therapy will be provided through the Cognitive Behavioral Therapy (CBT) Beck Institute Model. CBT is based on the cognitive model: the way that individuals perceive a situation is more closely connected to their reaction than the situation itself.

One important part of CBT is helping clients figure out what they most want from life and move toward achieving their vision. They learn skills to change thinking and behavior to achieve lasting improvement in mood and functioning and sense of well-being.

This particular model will allow the Nation to involve immediate family, extended family, and other community members along with culture in prevention, treatment and intensive treatment. This area is where sweat lodges will play a key role.

Staff and Organizational Experience:

Robert Mills, Contract & Grants Manager for Yavapai-Apache Nation.

Mr. Mills will have all grant management responsibilities for the grant.

Mr. Mills will have been in his position for 16 years in June of 2020 and has been grant manager for the current opioid project

Jason Stuart, Social Services Director for the Yavapai-Apache Nation

Mr. Stuart will be project director. He has been with the Nation since 2018 and is project director for current program. He has a bachelor's degree in social work with certifications in Indian Parenting, Healthcare Compliance and Crisis Prevention Intervention. Also has 15 years of Clinical behavior and crisis supervisory experience.

Sean Loyd, Alcohol & Substance Abuse Program Manager for the Yavapai-Apache Nation

Mr. Loyd has been with the Nation since April 2020 and will be responsible for daily operation of the project. He will complete reports, present data and analysis to appropriate agencies and leadership, work with treatment consultants and the community. Mr. Loyd has an A.A. in Administration of Justice and Community Policing and B.S. in Criminal Justice and Legal Studies. In addition to certifications in Trauma care, Crisis Response and 8 years of experience in fields involving mental health, Substance Abuse, and program development for at-risk adults and youth.

Data Collection and Performance Measures:

At this time the Yavapai-Apache Nation does not have a sufficient electronic data collection system, but have identified a prospective EHR system.

Data will be collected from surveys, attendance at sessions, attendance at presentations, feedback from participants, consultants, staff and community members.

Alcohol and Substance Abuse Manager will be responsible for ensuring all data is properly collected, sorted and analyzed. Electronic spreadsheets and other data sorting software may be used in sorting and compiling the data.

Data will be collected as raw numbers to ensure confidentiality is maintained.

Substance and Mental Health Services Administration
Center for Substance Abuse Treatment
Yavapai-Apache Nation
Tribal Opioid Response Grants 2022 Application
Program Budget Narrative

Year 1

Personnel 2

Benefits 0

Travel/Training

6 staff to attend out of state training conferences 2-5 day

Airfare \$500 x 6 staff = \$3,000

Lodging \$200 per night x 5 nights x 6 staff = \$6,000

Per Diem \$65 per day x 6 days x 6 = \$2,340

Narrative:

Funds allocated to attend training conferences and other national training opportunities as they are presented

6 staff to attend in-state training over the two year grant period

Fuel \$2,000

Lodging \$6,000

Per Diem \$2,500

Narrative:

Funds set aside for local trainings within the state of Arizona.

Funds will cover the cost for fuel to travel to the trainings, lodging if distance requires and per diem.

2 Staff & 5-10 Tribal Community members to attend training over the two year grant period

Fuel \$2,000

Lodging \$6,000

Per Diem \$2,500

Narrative:

Adults/Youth Tribal Community Members to attend Trainings/Conferences for Substance Abuse prevention and education, as they are presented

Total \$32,340

Equipment/Supplies

Presentation supplies \$2,000

Treatment supplies \$5,000

General office supplies \$300 per month x 12 months = \$3,600

Narrative:

Presentation supplies will provide 150 for each quarterly community presentation. Supplies will include posters, handouts, videos and other items

General office supplies requested for the 2 year grant period

Total \$10,600

Contractual

Additional treatment services including assessment, treatment and IOP programs, Driver's License revocation services, but not limited to - \$10,000

Big Bear Youth Program Case Managers \$16/hr - \$31,200 Annual x 2 = \$62,400

Narrative:

The Big Bear Program will teach the Wellbriety youth component in conjunction with 2 case managers to work with youth as an advocate and support. This youth program is highly needed

and requested by the community and will also service youth on tribal, state, and federal probation as well.

Sober Living Services - \$9,660

Sober Living will be implemented for both men & women, all appropriate age ranges. Purpose will be to provide sober environment for patients returning from treatment services and to support during outpatient treatment services that are being provided.

***All contracts will follow the required bidding and approval process.**

Total \$82,060

Year #1 Budget

Travel/Training \$32,340

Equipment/Supplies \$10,600

Contractual \$82,060

Year 1 = Total 125,000

Year 2

Personnel 2

Benefits 0

Travel/Training

6 staff to attend out of state training conferences 2-5 day

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Total \$82,060

Year #2 Budget

Travel/Training \$32,340

Equipment/Supplies \$10,600

Contractual \$82,060

Year 2 = Total 125,000