## RESOLUTION NO. 43 - 2022 OF THE GOVERNING BODY OF THE YAVAPAI-APACHE NATION

A Resolution Authorizing the Nation to Submit a Grant Application to the State of Arizona, Governor's Office of Youth, Faith and Family, Arizona Child Abuse Prevention Program for Implementation of Child Abuse Prevention and Advocacy Activities and Programs

- WHEREAS: The Yavapai-Apache Tribal Council ("Council") is authorized to represent the Yavapai-Apache Nation ("Nation") and act on all matters that concern the health and welfare of the Nation, and to make decisions not inconsistent with or contrary to the Constitution of the Yavapai-Apache Nation ("Constitution") as provided under Article V(a) of the Constitution; and
- WHEREAS: The Council is authorized to negotiate and enter into agreements with federal, state, and local governments and to accept grant funds as provided under Article V (b) and (s), respectively, of the Constitution; and
- WHEREAS: The Council is authorized to manage all tribal economic affairs and to appropriate and regulate the use of the Nation's funds as provided under Article V (i) and (k), respectively, of the Constitution; and
- WHEREAS: The Nation's Contracts and Grants Manager recommends that the Nation apply for grant funding as follows:
  - (1) Funding Agency: Arizona Governor's Office of Youth, Faith, and Family
  - (2) Amount of funding application: \$50,000.00
  - (3) Term of grant: 1 year
  - (4) Matching funds and source: N/A
  - (5) Nation's Department or Program administering the grant: Youth Wilderness Program for youth and family abuse prevention activities.
  - (6) Budget attached or not required: Attached
- **WHEREAS:** The Tribal Council finds it in the Nation's best interest to authorize the above-described grant application.

**NOW THEREFORE BE IT RESOLVED** that the Yavapai-Apache Tribal Council, in Council assembled, at which a quorum is present, hereby authorizes the Nation to submit a grant application to the above-named funding agency in the amount and for the term described above.

**BE IT FURTHER RESOLVED** that the Nation agrees that it will comply with all program guidelines and regulations applicable to the above referenced grant program and the certifications required in the grant application.

**BE IT FURTHER RESOLVED** that the Council authorizes the Nation's Contracts and Grants Manager to take all actions necessary to complete the grant application and to submit all necessary information to the funding agency in furtherance of the authorized grant application and authorizes the Nation to receive and expend the grant funds in accordance with the grant requirements and the Nation's Budget Code and Financial Policies.

**BE IT FINALLY RESOLVED** that the Chairman and Vice-Chairwoman, or either of them, are hereby authorized to take such further action as deemed necessary to carry out the intent and purposes of this Resolution.

## **CERTIFICATION**

on March 24 2022, by and O abstaining, pursuant to the author	olution was adopted by an affirmative vote of in attendance, presented for approval vote of <u>Q</u> in favor, <u>O</u> opposed rity contained under the Constitution of the
Yavapai-Apache Nation as cited above.	$\sim 11$
	Jon Huey, Chairman
ATTEST:	
Karla Reme.	
Karla Reimer, Council Secretary	
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Approved as to form:

Office of the Attorney General

# **EXHIBIT A**

Yavapai-Apache Nation

**Grant Application** 

State of Arizona, Governor's Office of Youth, Faith and Family, Arizona Child Abuse Prevention Program

Narrative and Budget

March 24, 2022

Application name: The Yavapai-Apache Nation Hummingbird Program

Child Abuse Prevention & Advocacy License Plate Grant (RFGA#: GR-LP-070122-00)

Program manager, Monica Marquez mmarquez@yan-tribe.org (928)202-8695

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Prepared by: Casandra Stouder, Program Coordinator

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"Hummingbirds have a strong meaning in the Yavapai-Apache Nation Tribe, the bird brings meaning to good messages received and blessings coming to life. The foundation of this program will bring strong messages to the people and deliver blessings as the program grows and serves." -Casandra Stouder

## **Executive Summary**

The Yavapai-Apache Nation Hummingbird Program will serve the Yavapai-Apache Nation tribal youth ages infant-18 year's old and tribal parents of tribal children in the Yavapai-Apache Nation community. With the award from the Child Abuse Prevention & Advocacy License Plate Grant (RFGA#: GR-LP-070122-00) program strategies will come to life and establish new project key foundations in four sections. Section one and key foundation: evidence-based trauma informed training/certifications and ongoing professional development needs for working program leaders that serve tribal children in the Yavapai-Apache community. Section two and key foundation: outdoor wellness and trauma informed experiences and wellness healing activities will be provided to tribal children who have experienced abuse or trauma and or are at risk of abuse or trauma. Section three and key foundation: Parenting classes or training opportunities and program involvement. Section four and key foundation: Collaborations with child advocacy within the Yavapai-Apache Nation tribal departments and community involvement from schools and behavioral health centers, also community support that encourages and educates tribal youth in Native culture and resilience. Outcomes will show certifications, child attendance in the program and evaluation measures for progress, parent attendance and parent class completion, community attendance in the program and data sharing. Direct cost and indirect cost per participant will be described in these budget areas, Supplies \$20,000, GSA \$6,000, Behavioral Health Resources \$10,000, Sub Contractors \$6,000 and Training and Travel \$8,000.

#### **Needs Resources**

There is a community need for the Yavapai-Apache Nation Hummingbird Program. The resources from grant funding will improve community problems such as limited certifiable

professional training specifically informed of trauma or education in child abuse prevention/care. There is no trauma or abuse centered activities for abused, neglected or traumatized children in the Yavapai-Apache Nation tribe. The root of child abuse, neglect and traumatic incidences comes from historical Native American trauma, repeated family dysfunction for generations, family addiction and no consistent parenting classes that foster counseling and better life skills practicum. Another problem in the community is stigmatic and shame driven thinking that limits families and workers from reaching out for help or assisting those in need. The target population is the Yavapai-Apache Nation tribal youth ages infancy-18 year's old, tribal parents and tribal relatives of youth. Other important people needed for the program to be successful are program staff members, Casandra Stouder, Community Coordinator and Hummingbird Program creator, Monica Marquez, Program Manager, Brad Swatek, and Program Youth Leader. Tribal social service departments are important groups that offer community data and relevant facts about current issues tribal youth and their families face day to day. The Hummingbird Program Coordinator will gather data on past and present cases of child abuse, neglect and traumatic incidences from the Yavapai-Apache Nation Social Service Director, Jason Stuart to support the implementation of proper planning training and certification of trauma informed and abuse specific education for staff members and participants in the Humming bird Program. The Yavapai-Apache Nation Hummingbird Program will serve 15 tribal youth between the ages of infancy to 18 years of age. The program will also serve 5 adult parents/guardians and the program will serve 3 families during the grant year. The risks involved with the problems in the community are parental stress at home leading to lashing out, combative behaviors, substance abuse, depression and stress dysregulation. Home life dysfunction becomes more prevalent putting children and family members at risk of deep rooted unmanageable family systems and practices. There are single parents or grandparents raising children and grandchildren. It is common that relatives take care of other loved ones children and could be the result of parent absence due to incarceration, substance abuse, suicide, mental illness or dysfunctional behaviors making it challenging to raise children in a consistent manner. There is more risk of parent and child separation if the parent is not prepared for the responsibilities of parenthood or if the new parent is untreated for other health needs. There is foster care overload and a risk of foster care becoming a community wide quick fix to a very serious problem for tribal parents due to parents repeating trauma cycles and not seeking appropriate help to deal with deep rooted shame, hurts and illnesses ultimately keeping them disconnected and their families disconnected. Families are at risk of losing family connectedness by the "don't talk, don't tell and don't feel" ideations. With repeated harmful language in the home; families are at risk of permanently influencing negative behaviors for generations to come. A need for communication classes to uncover meanings and effects of words used to de-escalate conflict or better manage family conflict is a focal point. Wellness practices that will help individuals better cope with conflict as it arises is also progress. Delivering basic family management skills and education that will empower parents not overwhelm them is a program need. Family involvement is key to bring the element of security and safety back into the family environment, furthermore, the more the family unit is involved in practicing healthy, secure and productive activities together the higher chances of family members wanting to be more involved in family system change. Through the existing Yavapai-Apache Nation Youth Wilderness Program there is a target group of 30 tribal youth who participate in outdoor education, self-agency and proactive stewardship at home in the community and in the world. Program leaders have witnessed at-risk children with family issues. Common language among the youth in the Wilderness Program may sometimes suggest the

child's awareness of ongoing abuse, neglect and trauma in the community. There is a need to change the perception of child abuse and neglect. Parent attitudes of child abuse can be can be withdrawn, skeptical, passive, hesitant, fragile, abrasive, accusatory, "don't talk, don't tell and don't feel" attitudes, unapproachable, codependent, risk taking and brave when seeking help. There is a huge need for education on the impact of trauma. There is a need for understanding the lifelong effects of trauma and the powerful role parents have. Knowing when they are at risk of abusing another and changing in the moment with simple actions to prevent escalated situations before it becomes abuse and irreversible trauma is key. Providing parenting models that give space for the parents to grow as an individual and for the child to remain protected and encouraged is vital. Funding of this grant is the main resource that the project will use to create new opportunities for the target population and community. The funding received from this grant will provide a bridge to the existing Yavapai-Apache Nation Youth Wilderness Program, for those youth needing behavioral health assistance, space to practice healing and wellness activities that directly aid the hurts or disadvantages they endure and face. The Yavapai-Apache Nation Youth Wilderness Program reaches and serves tribal youth ages 7-17, their parents and families. The efforts and primary focus is to prevent negative behaviors, prevent substance abuse, encourage cultural values and teaching, encourage the child's presence, voice and place in this world by practicing outdoor education and outdoor life skills building through camping, hiking, kayaking, cultural gathering, cultural exchanges with other tribes, athletic encouragement, after school homework and everyday duties practiced at home, school, in the community and forward thinking of their future duties in the world. This Wilderness Program advocates for similar resolutions as the new Yavapai-Apache Nation Hummingbird Program and would be a great program to enhance.

## Approach

With an existing family focused program in place and the support and involvement from the Yavapai-Apache Nation Social Service department, interventions with children and families becomes a flow right into experience for the Hummingbird Program staff and the target population. Also, as the Yavapai-Apache Nation Youth Wilderness Program continues to provide services to tribal children and their families, the wilderness program will assist in providing enhanced services to those in need, specifically those children who are being abused. Staff within the wilderness program will manage the Hummingbird program as both programs merge and support the needs of the target population. The staff of the wilderness program will attain trauma-informed training and or certifications to better serve children and families from the standpoint of family dysfunction and abuse. Children and their families will have access to the Hummingbird Program and participate in wellness driven weekly activities as identified in a typical wellness wheel, such as physical wellbeing practice, Spiritual/Cultural wellness practices in the outdoors like cultural and traditional gatherings that engage with song, dance and prayer. Emotional wellness with the source of trauma informed coaching and behavioral health assistance/ referrals. Mental wellness offerings will further successes of participants with outreach or medical referrals for deeper more intense therapies or possible institutional support for mental illness. Collaborating with the tribal Social Service department to provide parenting classes for parents and caregivers is a great way to build stronger bonds and understanding of the parents needs to strengthen parenting skills, parenting classes can be held once per week and include those parents at risk of abusing or struggling with their need to overcome their abusiveness. Keeping the Yavapai-Apache Nation Social Service department and the Wilderness

Program connected builds more capacity to serve the community in the sense of community advocacy. The current Wilderness Program has already proven to be effective in addressing the problems through prevention work to diminish negative behaviors through positive mentorship, prevention of substance abuse by keeping youth and families busy in the outdoors with adventurous experiences eliminating time spent at home seeking negative avenues, encourage cultural values and teachings though tribal elder involvement, encourage the child's presence by coaching and communicating often with participants, completing outdoor education and outdoor life skills building through camping, hiking, kayaking, cultural gathering, and everyday duties practiced at home, school, in the community. The program focuses on evidence-informed practices and practiced knowledge of the Wilderness Program will guide program design as a next step to better serve youth. Some lessons learned from the existing wilderness program is that sometimes children reveal heartbreaking stories from home or community life and program staff is not readily trained to advocate for that child, the lesson is to utilize grant funding to enhance a program that has more areas of life changing opportunities to build upon for the sake of the children. The new program will focus on implementation of community based child abuse and neglect awareness and prevention activities (active engagement of parents in organization activities, community outreach, community collaborations).

## Child and family advocacy center to provide support to victims of child abuse and neglect

Steps the program will take: a crisis assessment will take place if necessary, proper timing and execution of intervention work within the guideline of trauma informed training and protocol, risk assessment surveys will be developed and managed throughout the grant year and safety planning for children and families will be a weekly activity brought to light in efforts to take responsibility for continual safety. The Hummingbird Program will allow considerations and restructuring of program plans to aid the individual's needs in culture only healing. Trauma informed services for mental health will be utilized and program outreach will be completed if the needs are much greater that the services of trauma informed program practicum. The Hummingbird Program will refer children and families to tribal housing, food bank, transportation, legal services and public assistance if they need this information will be collected by a survey completed after each activity. Trauma Informed Care will be the primary tool to help the target population. TIC curriculum will be incorporated into every wellness focused activity topic (Physical, Mental, Emotional, and Spiritual); TIC programming will incorporate outdoor experiential learning as well as wellness wheel influenced activities tied to TIC model throughout the grant year. TIC parenting classes will be taught by program coordinator, Cassandra Stouder and program manager, Monica Marquez with the tool from TIC system as well as wellness wheel ideas to focus self improvements on. The most important piece to this new program is using grant funds to pay for TIC training and certifications for program coordinator, Casandra Stouder. The approach of this program will affect the needs of training to deliver quality education to the target population, the approach to keep target population busy engaging in wellness wheel activities and TIC focused teaching in the outdoors will create new mindsets and memory of skills attained. Core elements that will be maintained are collaborations with existing tribal social service departments and wilderness programs to sustain. The program will merge with the wilderness program and offer more abuse related services. The program is culturally, age and gender appropriate because the program will offer culture rich education, it will provide space to heal and learn for age in infancy-18 years of age and turn no gender away. The program is open to parents and caregivers together. The child abuse prevention plan is to

expose target population to more education, outdoor experiential learning, behavioral health assistance and community centered support. There will be an adult peer-to-peer component of talking circles to be utilized and enhance the desires of healthy parenting.

#### Plan

The Yavapai-Apache Nation Hummingbird Program approach will transfer into action planning, operating, maintaining and adjusting areas of program function. Elements to strategize for the duration of the grant are following the TIC training method with every activity completed with children and families. Following the wellness wheel as an anchor of focus for activity execution in a classroom setting or outdoor setting. Continual collaborations with the social service department will help recruit ongoing participants and provide more professional working people advocating for the same prevention efforts in the community. Planned activities will be group focused or individually based. The activities will be, talking circles, art therapy, yoga, hiking, culture practices, weekly parenting classes, weekly outings for outdoor adventure and healing components experienced in the wilderness such as camping activities and day outing activities in the wilderness. Flyers will be distributed in the community to announce program activities and electronic announcements will also go out to the community to notify ongoing activities available. The plan to retain participants is to offer leadership roles within the program and recognition outing specifically planned to honor the participant in all their good doing in the program. Some program barriers could be no participation from parents; a plan to overcome that barrier will be requesting support from tribal council to develop conditions to wellness plan and order of participation. Currently, new Hummingbird Program staff would not be certified at all in any form of TIC. Using the grant funding, program coordinator Casandra Stouder will enroll in an online course to become certified as a trauma informed professional. Training will be the first program accomplishment and depending on the course timeline is when the program will begin to offer more TIC services.

## **Collaborative Elements and Partners**

The New Hummingbird Program focuses on coordination and collaboration with outside agencies and contractors. The wilderness program will utilize its sharing capacity with the Hummingbird Program and refer positive outdoor agencies such as Yavapai-College interns to assist in outdoor healing adventures, the program will invite and create outing that involve tribal departments as a backbone to the Hummingbird Program providing health and wellness opportunities for participants that may enhance their recovery and healing. The Hummingbird Program will contract educators and counselors for community events that promote healthy and strong ideations of child abuse awareness and intellectual sessions that will inspire change and connect to the heart of the Yavapai-Apache Nation people. Partnerships are extremely valuable as they share resources that lead to sustainability; we hope to sustain relationships with these working groups. Working with a good team maximizes on effective and efficient work especially If solid bonds are made with participants a sense of trust and reliability is formed and upheld, our program team is already established and has a good relationship with community members and workers, they work well together and are consistent in providing proactive ongoing services to children and families already. Some other partnerships include Jason Stuart, YAN Social Service Direct and his staff of up to 5 employees, a partnership with the Camp Verde Schools through our tribal JOM program will be most helpful to see if children are struggling at school, a partnership with the YAN Wilderness Program is key to merge program ideas and sustain

longevity of prevention work for children and families, a partnership with networked behavioral health system will be a huge aid to recovery the fragile mind of the youth served and their families. Currently there is no MOU in place. Listed partnerships are already in place except for behavioral health systems. The program will use subcontractors to provide services in exchange for grant funds to pay for services of community events that educate on child abuse, neglect and trauma .Partners within the tribal working department will not be paid with grant funds including new Hummingbird staff member. There is an agreement and letters of support to work together with the Yavapai-Apache Nation JOM program and the Social Service Department of the Yavapai-Apache Nation.

## Sustainability Plan

The plan to sustain this Yavapai-Apache Nation Hummingbird Program is to start talking to community tribal leaders and promote change for our children and families that are abused. neglected or traumatized. Communication to leaders of the tribal council, social service and education departments is the start of awareness and intention to make change in the community. In communication there will be focused talk on the needs of the community. The next strong plan to sustain the program is for program coordinator Casandra Stouder to attain certifications and education in trauma informed care to support the needs of individuals who suffer from abuse, neglect and trauma. The program will start day one of grant awards by planning recruitment while working with the Yavapai-Apache Nation Wilderness program and other tribal departments, new participants will enjoy weekly wellness activities that promote healthy living and healthy coping skills; parents and children are encouraged to join. As accredited certifications and proper education is attained by program coordinator, reporting of ongoing wellness activities and proactive intervention and the status of certification completion will be documented and consistently share with tribal council, social services and JOM to rest assure the program is in the beginning stages of recruitment and relationship building while program coordinator completes proper training and education to better serve. As the program is running and at the point in which the program coordinator is certified in the Trauma Informed Care practice, new language and systems will emerge for activities and for children needing further assistance. The changes and adjustments will be communicated again with tribal leaders in order to make it known that the program is growing out of the beginning stages. The program will rely on the four models of the wellness wheel focusing on daily activities that teach and advocate on Mental, Emotional, Spiritual, and Physical Health and Wellness practices. The program will consistently offer outdoor healing adventures to connect with nature and cultural importance of the tribal land and their surroundings. Following the wellness wheel and incorporating the outdoor experiences for participants will breathe new life into the struggle they may face and give positive gentle influence to heal. As the program grows and collaborates throughout the grant period, program staff will seek opportunity to merge with similar programs within the Yavapai-Apache Nation to secure more strong relationships and motivated mindsets to effect change with child abuse, neglect and traumas in turn creating more longevity of the Hummingbird Program ideas and systems. With consistent reporting of the program Tribal Leaders within the Tribal Council organizations may see the need to plan for full support of the programming for future years.

## Organizational Capacity

Organizational capacity of the new Yavapai-Apache Nation Hummingbird Program stands at an advantage essentially while merging with the current Yavapai-Apache Nation Youth Wilderness Program. The advocating and extremely successful operation of the existing wilderness program will totally support the newness and importance of the Hummingbird program focuses on children of abuse, neglect and trauma. The wilderness program has been successful for four years and continues to make progress not only with tribal youth and families but within working operational organized systems and capacity to serve and report on successes of the target population. The Hummingbird Program will definitely adopt the wilderness program working systems. The Hummingbird program will mirror weekly and daily activities now focused on the wellness wheel and trauma-informed practices with one on one mentorship or group mentorship both in a classroom setting or outdoor learning setting. All activities will be documented and surveys will be completed by participants to show the effect of activities and outcomes of program workings. Program staff will organize and plan a variety of healing activities to encourage wellness and healing. The program staff members will recruit and retain participation without food or incentives by using wilderness outdoor equipment to support more adventurous experiences for youth and families, the Hummingbird Program will utilize wilderness program funding for food and incentives to motivate participation and sustain participation. Staff will adhere to trauma informed practices and plan all activities accordingly. Staff will be responsible for mentoring up to five children at a time so as to not burn out. Staff will record all input for the day of working with youth and families and compile narrations and report to the program coordinator for documentation of Hummingbird Program workings. Hummingbird Program staff members will work full time at 40 hours per week and deliver overtime for special outings, the salaries of the Hummingbird staff will be covered and paid by the Yavapai-Apache Nation Tribe. To help manage this grant the tribal finance department and grants management will administer and manage grant funding. Subcontractors will be referred and utilized through the wilderness program and have not yet identified the responsibilities of those roles. Collaborating ongoing with Jason Stuart, Yavapai-Apache Nation Social Service Director will be a key relationship to identify children and families in need also more working departments to uphold avocation and education. Building relationships that support the common goal of diminishing and working against child abuse neglect and trauma will be the energy that carries the Hummingbird Program into success. Building with the Yavapai-Apache Nation social service department, JOM, tribal council, supporting contractors, the wilderness program, tribal youth, and tribal parents/caregivers will each be relationships that will directly affect change for the better.

## Goals, Outcome Objectives and Performance Measures

1. Goal: The Yavapai-Apache Nation Hummingbird Program will serve 15 tribal youth between the ages of infancy to 18 years of age.

Objective outcome: Serving this target group will expose target population to more healing experiencing

Performance Measures: Weekly and monthly sign in sheets will show how many are participating and ages for one grant year or more

2. Goal: The program will serve 5 adults parents/guardians

Objective outcome: Create activities and experiences that connect parent to children in a healthy manner

Performance Measures: Parents will complete a survey questionnaire after each activity completed and sign an activity sign in sheet throughout one grant year or more

3. Goal: the program will serve 3 families during the grant year

Objective outcome: to support healthy growing family systems. Decrease unmanageable family systems and practices.

Performance Measures: families will be identified in program sign in sheets and family surveys completed for one grant year or more.

4. Goal: decrease parental stress at home

Objective outcome: decrease lashing out, combative behaviors, substance abuse, depression and stress dysregulation.

Performance Measures: parents will complete surveys after each healing activity for one grant year or more.

5. Goal: decrease parent/caregiver to child separation

Objective outcome: Aid neglect, substance abuse exposure, suicide effects; seek help to aid mental illness or dysfunctional behaviors making it challenging to raise children in a consistent manner. There is more risk of parent and child separation if the parent is not prepared for the responsibilities of parenthood or if the parent is untreated for other health needs.

Performance Measures: Monthly updates of child to parent separation data collected from the Yavapai-Apache Nation social service department for one grant year or more.

6. Goal: show participation of 5 foster care children for one grant year or more

Objective outcome: less child exposure to the foster care system and more exposure to healthy activities and support

Performance Measures: of the activity sign in sheets x amount of children participants were in foster care, this information will be collected from the Yavapai-Apache Nation social service department.

7. Goal: complete 1 talking circle for parents/caregivers per week for the duration of one grant period

Objective outcome: decrease repeated harmful language in the home; families are at risk of permanently influencing negative behaviors for generations to come. A need for communication classes to uncover meanings and effects of words used to de-escalate conflict or better manage family conflict is a focal point. Wellness practices that will help individuals better cope with conflict as it arises is also progress.

Performance Measures: talking circle sign in sheets and completed surveys after each talking circle

8. Goal: complete 2 talking circles per month with tribal children target population

Objective outcome: provide healing for repeated harmful language in the home. Teach children and uncover meanings and effects of words used when harmful and not useful.

Performance Measures: talking circle sign in sheets

9. Goal: Deliver 2 classes per month on basic family management skills and education on parenting skills

Objective outcome: empower parents not overwhelm them with program education support

Performance Measures: Parents will complete a survey questionnaire after each activity completed and sign an activity sign in sheet throughout one grant year or more

10. Goal: Complete 2 community events for one grant year

Objective outcome: Encourage the element of security and safety back into the community and family environment,

Performance Measures: all participants will complete event sign in sheets and surveys per event

11. Goal: Parents will complete surveys after each activity to improve parent attitude

Objective outcome: decrease parents attitudes of withdrawnness, skepticism, passiveness, hesitation, fragileness, abrasiveness, accusatory reactions, "don't talk, don't tell and don't feel" attitudes, unapproachable demeanor, codependency, risk taking

Performance Measures: completed surveys after wellness activity is completed for one grant year or more

12. Goal: Program Coordinator will complete Trauma Informed Care training in the first grant year.

Objective outcome: Provide education on the impact of trauma with the target population. There is a need for understanding the lifelong effects of trauma and the powerful role parents have.

Performance Measures: certifications attained or training attended by program staff for one grant year

13. Goal: Complete 24 Physical wellness activities, 24 mental wellness activities, 24 Emotional Weliness activities and 24 Spiritual wellness activities with the target population during 12 months of the grant year.

Objective outcome: prevent escalated situations before it becomes abuse and irreversible trauma parenting models. Apply wellness activities for the parents to grow as an individual and for the child to remain protected and encouraged

Performance Measures: all participants will complete wellness activity sign in sheets and surveys per activity for one grant year or more

14. Goal: Receive 10 referrals of children in need from social services

Objective outcome: strengthen collaboration efforts to serve target population

Performance Measures: a narrative per referral will communicate referrals from the social service department to the program for one grant year or more

15. Goal: Receive 2 referrals of children in need from JOM

Objective outcome: strengthen collaboration efforts to serve target population

Performance Measures: a narrative per referral will communicate referrals from the social service department to the program for one grant year or more

16. Goal: Complete 36 outdoor healing adventures with assistance from the wilderness program for children and parents in one grant year

Objective outcome: prevent negative behaviors, prevent substance abuse, encourage cultural values and teaching, encourage the child's presence, voice and place in this world by practicing outdoor education and outdoor life skills building through camping, hiking, kayaking, cultural gathering, cultural exchanges with other tribes, athletic encouragement and everyday duties practiced at home, school, in the community creatively practiced in the wilderness to exemplify forward thinking of their future duties in the world.

Performance Measures: Target population will complete a survey questionnaire after each healing adventure complete and sign an activity sign in sheet throughout one grant year or more

## Budget

Child Abuse Prevention & Advocacy License Plate Grant (RFGA#: GR-LP-070122-00)

Total amount requesting: \$50,000

Supplies \$20,000

GSA \$6,000

Behavioral Health Resources \$10,000

Contractors \$6,000

Training and Travel \$8,000.

### **Budget Narrative-**

<u>Supplies</u> costs are budgeted for \$166.00 per month for office supplies for project staff members and \$1,500.00 per month for wellness activity supplies for up to 15 project participants.

<u>GSA</u> costs are budgeted for \$500.00 per month for GSA rental (one 15 passenger van) @ \$115.00 per day for up to four days.

Behavioral Health Resources costs will be budgeted for \$833.00 per month for 12 months for extended behavioral health medical needs per child or adult or family therapies

<u>Contractor</u> costs are budgeted for \$500.00 per month for 12 months for monthly educational and inspiring wellness presentations per month for 12 months.

<u>Training and Travel</u> costs are budgeted for \$4,400.00 for one grant year to complete training certification and continued education for one staff member in Trauma Informed Care and similar professional accreditors, funding will cover admission to educational functions, tuition,

incidentals, public fees and additional continued education requirements for one grant year. A monthly cost of \$300.00 per month for fuel.